

JENAPLAN Essentials

To undertake(entrepreneur)

“your initiative is welcome”

- Think up new things and solutions
- Take initiative, raise issues, with proposals
- Try it out, choose original
- Use qualities effectively
- Show ambitions, believe in them, and persevere(push through)
- Act purposefully
- Use information sources.

To Plan

“dare to dream”

- know how a period(lesson, day,week) has been built up
- can tell what is expected of you
- collect items quickly and well
- do things in the right order
- determine your own learning goals
- be able to plan a day
- planning by self-responsibility for a longer period.

To cooperate

“ together we can do more”

- share with others
- give others “thinking time”
- listen carefully and respect difference of opinion
- being socially aware(care for each other)
- follow and give advice
- offer to help others
- respect for school and group rule

to create

“ everything is possible”

- investigate, take things apart(disassemble)

- want to know everything, ask questions
- have fast original ideas, are not satisfied with just continue
- getting the best out of yourself
- easily switch to another point of view
- easily elaborate on ideas from others.

To Present

“ show who you are”

- dare to show, dare to show originality and passion
- natural authentic attitude(be yourself)
- contact with listeners, choose central location
- use of(large) gestures
- good articulation, voice volume, speech rate, dynamics
- good language use
- good care(well taken care of)

To reflect

“ what is your wish? What make you happy?”

- show what has been learned
- ask for and give Feedback(tips and tops)
- tell us how things could have been done different
- evaluate the approach and make correction to this
- reviewing work, assessing and determining follow-up
- argue why you did what you did
- compiling portfolios, presenting own development.

To be self-responsible

“ how do you find the effect of what you did?”

- can tell you why you did
- you will put back the things you have taken(pick up your own things and clean up)
- clean up things you used
- take care of yourself and others
- want to be verbally active and decide
- to understand the consequences of acting
- take initiative to improve things.

To provide

“ we help each other”

- take care of yourself
- take care of others
- take care of materials that you use
- Provide help in the table group especially
- Keeping your own workplace in order, that of the table group, the school living room, workspaces and the surrounding school environment
- Take care of plants and animals.

To communicate

“ Your opinion matters”

- listen actively
- emphasizing dialogue and not discussion(two way traffic)
- open yourself to the other person
- learn from tolerance, be patience
- learn to express your thoughts in words, so that others can understand
- developing a good self-image
- to be critical in relation to information provided
- enjoy what others contribute.

To respect

“ being who you are”

- learn to take account of others feeling
- learning to think inclusive
- feeling empathy for others
- to be cautious with judgements
- accept that every person is unique and therefore they may be different.

